

# ANDREAS KAPPES

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## ACADEMIC POSITIONS AND EDUCATION

- Since October 2017 Lecturer, City, University of London
- 2014-2017 Post-doctoral Research Fellow (Department of Experimental Psychology, Oxford Martin School, Uehiro Centre for Practical Ethics), University of Oxford
- 2011-2014 Post-doctoral fellow, Social Psychology Department, New York University & Cognitive, Perceptual & Brain Sciences, University College London, funded by the German Research Foundation (DFG)
- 2009 to 2010 Vertretungsprofessur (equivalent to temporary Professor), Department of Psychology, University of Hamburg
- 2009 Ph.D., Psychology, University of Hamburg, Germany (summa cum laude, best possible grade)
- 2006 Diplom Psychology (equivalent to M.A.), Free University of Berlin (best possible grade average; 1,0)
- 2002 Zwischenprüfung Psychology (equivalent to B.A.), Free University of Berlin

## PUBLICATIONS

### Manuscripts under review/ revision

**Kappes, A.**, Xinyuan, Y, Crockett, M.J., & Ma, Y (*under review*) Cultural differences in vicarious optimism

Macchia, L., Plagnol, A., Reimers, S., Corr, P., Murray, I., & **Kappes, A.** (*under review*) The Impact of Cognitive Reflection and Personality on the Brexit Vote

**Kappes, A.** & Van Bavel, J., (*under review*) Framing Morality: How Antecedence-Focused Emotion Regulation Can Change Moral Judgments

### **Peer Reviewed Publications**

**Kappes, A.**, Montague, R., Harvey, A., Lohrenz, T., & Sharot, T., (accepted) Confirmation Bias in the Neural Processing of Information. *Nature Neuroscience*

**Kappes, A.**, Nussberger, A. M., Siegel, J. Z., Rutledge, R. B., & Crockett, M. J. (2019). Social uncertainty is heterogeneous and sometimes valuable. *Nature human behaviour*, 3(8), 764-764.

Wittleder, S. **Kappes, A.**, Oettingen, G., Gollwitzer, P., Jay, M., & Morgenstern, J. (2019) Mental Contrasting With Implementation Intentions Reduces Drinking When Drinking Is Hazardous: An Online Self-Regulation Intervention. *Health Education & Behavior*

Wittleder, S. **Kappes, A.**, Krott, N, Jay, M., & Oettingen, G. (2019) Mental contrasting spurs energy by changing implicit evaluations of obstacles, *Motivation Science*

**Kappes, A.**, Nussberger, A-M., Faber, N., Kahane, G., Savulescu, J., & Crockett, M.J. (2018) Interpersonal uncertainty promotes prosocial behaviour, *Nature Human Behaviour*

**Kappes, A.**, Faber, N., Kahane, G., Savulescu, J., & Crockett, M.J. (2018) Concern for Others Leads to Vicarious Optimism, *Psychological Science*

**Kappes, A.**, & Sharot, T. (2018). The Automatic Nature of Motivated Belief Updating. *Behavioural Public Policy*. 1-17.

Montgomery, M.A., **Kappes, A.**, & Crockett, M.J. (in 2017) Compassion is not always a motivated choice: a multiple decision systems perspective. *Moral Psychology: Volume 5*, MIT Press

**Kappes, A.**, Kahane, G., & Crockett, M. J. (2016). From risk to fairness. *Proceedings of the National Academy of Sciences*, 201614111. <https://doi.org/10.1073/pnas.1614111113>

**Kappes, A.**, & Crockett, M.J. (2016). The Benefits and Costs of a Rose-Colored Hindsight. *Trends in Cognitive Sciences*, 20(9), 644–646. <https://doi.org/10.1016/j.tics.2016.06.009>

Park, G., **Kappes, A.**, Rho, Y., & Van Bavel, J. J. (2016). At the Heart of Morality Lies Neuro-Visceral Integration: Lower Cardiac Vagal Tone Predicts Utilitarian Moral Judgment. *Social Cognitive and Affective Neuroscience*. \*

\* listed on SSRN's Top Ten download list for: AARN: Cognitive Anthropology (Topic), AARN: Emerging Areas of Theory (Sub-Topic), AARN: Neuroanthropology (Topic), AARN: Theory (Topic), Biological Anthropology eJournal, CSN: General Cognitive Neuroscience (Topic), Cognitive Neuroscience eJournal and Psychological Anthropology eJournal.

**Kappes, A., & Oettingen, G.** (2014). The emergence of goal commitment: Mental contrasting connects future and reality. *Journal of Experimental Social Psychology, 54*, 25–39

Merkt, J., Singmann, H., Bodenbug, S., Goossens-Merkt, H., **Kappes, A.**, Wendt, M., & Gawrilow, C. (2014). Flanker performance in female college students with ADHD: a diffusion model analysis. *ADHD, 321-341*. Doi: 10.1007/s12402-013-0110-1

**Kappes, A.**, Wendt, M., Reinelt, T., & Oettingen, G. (2013). Mental contrasting changes the meaning of reality. *Journal of Experimental Social Psychology, 49*, 797-810. Doi: 10.1016/j.jesp.2013.03.010

**Kappes, A.** & Schikowski, A. L. (2013). Implicit theories about emotions shape responses to negative affect. *Cognition and Emotion, 952-960*. Doi: 10.1080/02699931.2012.753415

**Kappes, A. &** Oettingen, G. & Pak, H, (2012). Mental contrasting and the self-regulation of responding to negative feedback. *Personality and Social Psychology Bulletin. 38*, 845-857.

**Kappes, A.**, Singmann, H., & Oettingen, G., (2012). Mental contrasting instigates goal-pursuit by linking obstacles of reality with instrumental behavior. *Journal of Experimental Social Psychology, 48*, 811-818.

Oettingen, G., & **Kappes, A.** (2009). Mental contrasting of the future and reality to master negative feedback. In K. Markman, B. Klein & J. Suhr (Eds.), *The Handbook of Imagination and Mental Simulation*. Hove, GB: Psychology Press

### **Non – Peer Reviewed Publications**

**Kappes, A.** & Sharot, T. Optimism and Entrepreneurship: A Double-Edged Sword *Nesta, invited Research Review, Nesta (independent charity that works to increase the innovation capacity of the UK) link: <http://www.nesta.org.uk/publications/optimism-and-entrepreneurship-double-edged-sword>*

**Kappes, A.** *Shame about the internet*. In Edmonds, D. (Ed.), *Philosophers take on the world*. Oxford University Press.

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## GRANTS

**City University London, Andreas Kappes, Developing an Implicit Measure of Concern for Others , £4990, Role: PI, October 2017 to October 2018**

**The Roles of Goal Representations and Conflict Monitoring in the Initiation of Goal-relevant Actions, German Research Foundation, Ka 3382/1-1 (Three Year Research Grant)**

**With Gabriele Oettingen, The Mental Association between Future and Reality Mediates Mental Contrasting Effects on Energization and Behaviour**

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## AWARDS & SCHOLARSHIPS

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| 2018              | Winner of the Preregistration Challenge, Open Science Framework for the paper: Concern for Others Leads to Vicarious Optimism, <i>Psychological Science</i>                         |
| 2018<br>2017      | Teaching Excellence - SASS Award in the Teaching : best lecture (voted by students)   |
| 04/2008 – 04/2009 | The Vice-Chancellor's Public Engagement with Research Award – Projects (2017) – highest public engagement award from the University of Oxford                                       |
|                   | Dissertation Scholarship, University of Hamburg   |
| 10/2008 – 12/2008 | Travel Scholarship, University of Hamburg   |
| 05/08             | Travel Scholarship to attend the conferences of the Society for the Study of Motivation (SSM) and the Association for Psychological Science (APS) in Chicago, University of Hamburg |
| 2008              | Teaching Award of the Department of Psychology, University of Hamburg: Best Seminar   |

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## CONFERENCE PRESENTATIONS AND INVITED TALKS

### *Talks*

**Kappes, A.** (2019) The science behind fake news.

**Kappes, A.**, (2019) Interpersonal uncertainty promotes prosocial behaviour, *International Convention of Psychological Science (ICPS), Paris, France*

**Kappes, A.**, (July, 2017) Distinct effects of interpersonal and outcome uncertainty on prosocial behavior, *18<sup>th</sup> General Meeting of The European Association of Social Psychology, Grenada, Spain*

**Kappes, A.**, (June, 2017) Exploiting Two Distinct Types of Uncertainty for Infectious Disease Policy, *Cambridge Risk and Uncertainty (RUC) Conference*

**Kappes, A.**, (April, 2017) Concern for Others Leads to Vicarious Optimism in Belief Updating, *Thurgau Experimental Economics Meeting, 2017*

**Kappes, A.** (February, 2017) Prosocial Decision Making. *UCL Talk Series, Masters Program*

**Kappes, A.** (January, 2017) The Opposing Effects of Outcome and Interpersonal Uncertainty on Prosocial Decision-Making. *London Judgement and Decision Talk Series, UCL*

**Kappes, A.**, Faber, N, Kahane, G, Savulescu, J, & Molly Crockett (2016) Vicarious Optimism in Learning Predicts Altruistic Behavior, *London Experimental Workshop*

**Kappes, A.**, Vicarious Optimism in Learning Predicts Altruistic Behavior (2015), *Social Cognition Talk Series, University College London*

**Kappes, A.**, Mental Contrasting Effects on Goal Pursuit (2014), *Affective Brain Talk Series, UCL.*

**Kappes, A** & Van Bavel, J. (2013). Subtle Framing Shapes Moral Judgment (2013), *Association for Psychological Science, Washington*

**Kappes, A** & Van Bavel, J. (2013). New Perspectives on the Intuitive Foundations of Morality and Cooperation. (2013), *Symposium at the Annual Meeting of the Association for Psychological Science*

**Kappes, A** & Van Bavel, J. (2013) Moral reasoning redux: Subtle framing shapes moral judgment (2013). *Annual Meeting Eastern Psychological Association, New York.*

Oettingen, G., Gollwitzer, P., **Kappes, A.** Wittleder, Morgenstern, J., (2012) Mental contrasting with implementation intentions (MCII) supports college students in regulating their alcohol consumption. *Society of Experimental Social Psychology, Austin, Texas.*

## Posters

Wittleder, S., **Kappes, A.**, Reinelt, T., Hebbelmann, D., Wendt, M. & Oettingen, G. Essensspezifische Konflikterkennung sagt effektive Selbstregulation von Essverhalten vorher *Poster for the Conference of the German Psychology Association*

Melnikoff, D., **Kappes, A.**, & Oettingen, G., (2012). Mental contrasting facilitates the processing of negative feedback during goal pursuit. *Poster for the Conference of the Society of Personality and Social Psychology, San Diego.*

Wittleder, S., **Kappes, A.**, Oettingen, G., Gollwitzer, P., & Morgenstern., J. (2012). Mental contrasting with implementation intentions (MCII) as a behavior change intervention to reduce drinking in College students. *Poster for the Conference of the Society of Personality and Social Psychology, San Diego.*

**Kappes, A.**, & Oettingen, G. (2009). How does mental contrasting promote goal attainment? Testing the underlying mental representations. *Poster for the Conference of the Society of Personality and Social Psychology, Tampa, FL.*

Singmann, H., **Kappes, A.**, & Oettingen, G. (2009). Mental contrasting produces associations critical for goal-striving. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Albert, J., Singmann, H., Merkt, J., Schweikert, P., **Kappes, A.**, Köhler, H., Gawrilow, C., & Wendt, M. (2009). Social facilitation in flanker tasks. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Merkt, J., Albert, J., Singmann, H., **Kappes, A.**, Gawrilow, C., & Wendt, M. (2009). Reduced Interference of Distractor Stimuli in Female Undergraduates with ADHD. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Singman, H., Albert, J., Merkt, J., Schweikert, S., **Kappes, A.** Köhler, H., Gawrilow, C., & Wendt, M. (2009). Soziale Erleichterung in der Flankierungsaufgabe (Social facilitation in the flanker task). *Poster for the Conference of the Association of Experimental Psychology, Jena, Germany.*

**Kappes, A.**, Singmann, H. & Oettingen, G. (2008). Processes of Mental Contrasting: Linking Future with Reality. *Poster for the Conference of the Association for Psychological Science, Chicago.*

**Kappes, A.**, Singmann, H. & Oettingen, G. (2008): Mental Contrasting Effects on Goal Commitment Mediated by Perceptual Change of Reality. *Poster for the Conference of the Society for Studying Motivation, Chicago.*

**Kappes, A.** & Leipold, B. (2006). Die Beziehung zwischen kognitiver Komplexität, Bewältigungsressourcen und subjektivem Wohlbefinden (The relationship between cognitive complexity and subjective well-being). *Poster for the Conference of the German Psychology Association, Nürnberg, Germany.*

Leipold, B., **Kappes, A.** & Joop, D. (2005). Der Einfluss von Ressourcen auf das Selbstkonzept (Impact of resources on the self-concept). *Poster for the Conference of the Association of Differential Psychology, Personality Psychology, and Diagnostic, Marburg, Germany.*

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## TEACHING

Throughout my scientific career, I have taught students at all levels, from undergraduate to postgraduates, including executives but also pupils in secondary schools. I take pride in providing the best possible teaching, and experience the interactions with students and their growth as an essential part of my job. Currently, I teach in the BA in Experimental Psychology and in the MSc in Psychological Research program at Oxford, tutor undergraduates in social and moral psychology, and supervise as well as mark dissertations, essays and collection papers. During my position at the University of Hamburg, I supervised more than 10 teaching assistants and tutors each semester. And, I was involved in developing the newly introduced master programs there, formulating a vision for these programs, core curricula, translating students' expectations, and working out administrative details.

### **Executive Teaching**

Work-in-Progress Meetings - Teaching professionals about the implications of behavioural science for fighting infectious diseases, Oxford Martin School

Introduction to Psychology (August, 2017) –S. P. Jain Institute of Management and Research, Business School - Mumbai, India)

### **Lectures (selection)**

Memory, City, University of London

Personality and Individual Differences, City, University of London

Self-Regulation and Self-Control, University of Oxford, 2015/2016 (Master students)  
Motivation and Emotion, University of Hamburg, 2009 (Bachelor students)  
Introduction to Educational Psychology, University of Hamburg, 2009 (Master students)

### **Seminars / Tutorials (selection)**

Social Psychology, University of Oxford, 2015 / 2016 (Bachelor students)  
Moral Psychology and Philosophy, University of Oxford, 2015 (Master students)  
Physiological Foundations of Motivation, University of Hamburg, 2010 (Master students)  
Research Methods, University of Hamburg, 2010 (Bachelor students)  
Motivation and Learning (Advanced), University of Hamburg, 2010 (Bachelor students)  
Motivation and Emotion, University of Hamburg, 2009 (Bachelor students)  
The New Unconsciousness, University of Hamburg, 2007/ 2008\* / 2009 (Master students)

\* Awarded Teaching Award for Best Seminar

Goals and behaviour: A cognitive perspective, University of Hamburg, 2009 (Master students)  
Instructor, Attention, University of Hamburg, 2007 (Master students)

### **Summer Schools**

Oxford Camp in Seoul (Korea), teaching psychology to high school students, 2016 / 2017

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## **REVIEW**

I review regularly for Journal of Experimental Social Psychology, Social and Affective Neuroscience, Emotion, Emotion and Cognition, Behavioural Research Methods, Personality and Social Psychology Bulletin, among others.

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## **PUBLIC ENGAGEMENT**

**\*Back from the Dead – Demystifying Antibiotics** (current special exhibition at Oxford's Museum of the History of Science). Celebrating the 75th anniversary of the first clinical trials of penicillin, the exhibition explores the complex history of antibiotic development and the urgent global health threat posed by antibiotic resistance (AMR). Linking the historical context of antibiotic use and AMR with



current policy challenges, the exhibition also includes a survey on public attitudes towards AMR and antibiotic stewardship (how to use antibiotics whilst preserving their efficacy)

\*Awarded with The Vice-Chancellor's Public Engagement with Research Award – Projects (2017)

I write regularly for the blog "Practical Ethics – Ethics in the News" (<http://blog.practicaethics.ox.ac.uk/>), hosted by the Uehiro Centre for Practical Ethics. The blog had in 2014 more than 1 Million unique visitors.

Three popular post examples:

"The Right to Forget the Stock Market's blemished Past"  
(<http://blog.practicaethics.ox.ac.uk/2014/06/the-right-to-forget-the-stock-markets-blemished-past/>)

"Two Tales of Marshmallows and their Implications for Free Will"  
(<http://blog.practicaethics.ox.ac.uk/2014/06/two-tales-of-marshmallows-and-their-implications-for-free-will/>)

"How to Criticize on the Internet: What Shame Teaches us about Online Harassment" (<http://blog.practicaethics.ox.ac.uk/2015/05/how-to-criticize-on-the-internet-what-shame-teaches-us-about-online-harassment/>)\*

\* This blog post was turned into a chapter for the book "Philosophers Take on the World" edited by David Edmonds (to appear 2016)

I also published popular science writing in The Conversation

Example:

"Why improving your own performance isn't always good for the team"  
(<https://theconversation.com/why-improving-your-own-performance-isnt-always-good-for-the-team-52023>)