

Muhammad Anwar

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Personal statement

Graduate in BSc Psychology with integrated professional training and aspiring Clinical Psychologist. I currently have substantial research experience acquired through research assistant position at The Other lab. Also, vital clinical experience gained through Honorary assistant Psychologist placement year at the Tower Hamlets Community learning disabilities service. I am a hard working and ambitious individual who is keen to gain further experience and insight into other areas of clinical Psychology.

Work Experience

Research Assistant, The Other Lab

10/2018 - Present

Responsibilities & Achievements

- Research assistant role includes completing literature reviews and research proposal feedback.
- Presenting own research to fellow lab members and working on given feedback
- Research paper writing, study programming (using MatLab, qualtrics and survey monkey) and statistical analysis(using SPSS and excel)
- Also presenting own research in poster form at the EASP conference

Sales Assistant, Argos

10/2017 - Present

Responsibilities & Achievements

- Sales and Customer communications
- the store has both a stock room and front of house, I am trained in both areas therefore I act as a flexible worker in whatever department I am needed.
- This role involves strong leadership and teamwork skills

Honorary Assistant Psychologist, Tower Hamlets Community Learning Disabilities Service

08/2019 - 07/2020

Responsibilities & Achievements

- Working with the multidisciplinary team supporting the mental health of those with learning disabilities including psychologists, psychiatrists, nurses, support workers, physiotherapists and occupational therapists
- Shadowing a clinical psychologist during therapy meetings with various service users, making clinical notes to upload on RiO and MOSAIC
- Internal audits including incident audits, psychology referrals audits and audits looking at quality of service.
- Also included co facilitating group therapy sessions along side trainee psychologists

Qualifications

City University London

2018 - 2021

Undergraduate degree

BSc (Hons) Psychology with Integrated Professional Training (2:1)

Abbotsfield sixth form

2016 - 2017

A-Levels:

- A-Level English Literature - A
- A-Level Maths - B
- A-Level Biology - D

Achievements

Student mentor

2019- Present

- Participated in many mentorship roles at university, including one where I helped multiple students successfully find a work placement by helping with both written applications and interviews.
- Presented at many talks to cohorts younger than me as model student

Student impact award

2021

- Award for being an impactful individual in the lives of many students in my cohort, mainly for being a caring and resourceful individual

Culture and clinical psychology project

2020

- Independent project with the Tower Hamlets Community Learning Disabilities Service raising awareness about culture differences
- Project was liked so much it became a part of induction training for trainee psychologists

EASP Conference

2019

- European Association of social psychology conference
- Abstract for research project accepted for poster presentation (postponed due to covid19)

Skills and Interests

Skills

- Full driver's licence
- Multi-lingual
- IT literate (Microsoft word, excel, PowerPoint and publisher)
- statistical analysis (SPSS and MATLAB)

Interests

English literature, fitness, music and film